

Biotransformation of mulberroside A from *Morus alba* results in enhancement of tyrosinase inhibition

Jeong-Keun Kim · Mijin Kim · Ssang-Goo Cho ·
Myung-Kyoo Kim · Suhng Wook Kim ·
Young-Hee Lim

Received: 4 January 2010 / Accepted: 2 April 2010 / Published online: 22 April 2010
© Society for Industrial Microbiology 2010

Abstract Mulberroside A, a glycosylated stilbene, was isolated and identified from the ethanol extract of the roots of *Morus alba*. Oxyresveratrol, the aglycone of mulberroside A, was produced by enzymatic hydrolysis of mulberroside A using the commercial enzyme Pectinex[®]. Mulberroside A and oxyresveratrol showed inhibitory activity against mushroom tyrosinase with an IC₅₀ of 53.6 and 0.49 μM, respectively. The tyrosinase inhibitory activity of oxyresveratrol was thus approximately 110-fold higher than that of mulberroside A. Inhibition kinetics showed mulberroside A to be a competitive inhibitor of mushroom tyrosinase with L-tyrosine and L-DOPA as substrate. Oxyresveratrol showed mixed inhibition and noncompetitive inhibition against L-tyrosine and L-DOPA, respectively, as substrate. The results indicate that the

tyrosinase inhibitory activity of mulberroside A was greatly enhanced by the bioconversion process.

Keywords Biotransformation · Mulberroside A · Oxyresveratrol · Tyrosinase inhibitor

Introduction

Mulberroside A is a glycosylated stilbene and one of the major components of the root extract of *Morus alba* [24]. In a previous study, mulberroside A showed hypocholesterolemic and antioxidant effects by inhibiting low-density lipoprotein (LDL) atherogenic modification and lipid peroxide formation [6]. Mulberroside A has been used as a raw material of skin-whitening cosmetics in Korea. Oxyresveratrol is an aglycone of mulberroside A and has various bioactivities. Oxyresveratrol showed strong tyrosinase inhibitory activity, and so may be suitable for use as a skin-whitening agent and as an anti-browning additive in food preparation [11, 14, 16, 29]. Oxyresveratrol has radical and reactive oxygen species (ROS)- and reactive nitrogen species (RNS)-scavenging properties, and has therefore been suggested as a potential protectant against ROS and RNS [17]. Oxyresveratrol exhibited neuroprotective effects in transient brain ischemia through antioxidative and antinitrosative activities, and prevented apoptotic cell death by limiting cytochrome c release and caspase-3 activation in mitochondria [1]. Another study reported anti-inflammatory activity of oxyresveratrol [5].

Chemical synthesis is a complex process and produces considerable toxic waste. Bioconversion is an eco-friendly and efficient method for enhancing the bioavailability of glycosylated stilbenes. Bioconversion of prodrugs enhances bioavailability [15], and bioconversion processes have

Electronic supplementary material The online version of this article (doi:10.1007/s10295-010-0722-9) contains supplementary material, which is available to authorized users.

J.-K. Kim · M. Kim
Department of Chemical Engineering and Biotechnology,
Korea Polytechnic University, Shihung-si, Kyunggi-do 429-793,
South Korea

S.-G. Cho
Department of Animal Biotechnology,
Konkuk University, Seoul 143-701, South Korea

M.-K. Kim
Samkyung Costech Co., Ltd., Ansan City,
Kyunggi-do 425-866, South Korea

S. W. Kim · Y.-H. Lim (✉)
Department of Biomedical Science, College of Health Science,
Korea University, Seoul 136-703, South Korea
e-mail: yhlim@korea.ac.kr

been applied in various fields to improve the biological activity of bioactive molecules [2, 20, 25, 30]. Enzymatic conversion of glycosides into aglycones enhances their biological activities [18, 21, 22].

Mulberroside A and oxyresveratrol have shown inhibitory activity against tyrosinase. The tyrosinase inhibitory activity of mulberroside A may be improved by removing its glycoside moiety. The aim of the present work was to increase bioavailability of mulberroside A by biotransformation, and the bioconverted product was found to exert more potent tyrosinase inhibitory activity than did mulberroside A.

Materials and methods

Materials

The roots of *Morus alba* were harvested in Andong, Kyungsangbuk-do, Korea. Mushroom tyrosinase, L-tyrosine, 3,4-dihydroxyphenylalanine (L-DOPA), resveratrol, arbutin, and kojic acid were purchased from Sigma (St. Louis, MO, USA). Pectinex[®] was purchased from Novozymes (Denmark).

Preparation of mulberroside A and oxyresveratrol

The root of *M. alba* (3.6 kg) was extracted with ethanol (18 kg) at 80°C for 4 h and 15 kg of extract was collected. The extraction with residues was repeated with 15 kg of water at 80°C for 4 h and yielded 15 kg of second extract. The total extract was filtered through a diatomite filter (Filter press, SA 955) and the clean extract solution was collected. The extract was absorbed onto absorbent resin (SP 207, DIAION). The absorbent resin was sequentially washed with water (8 l) and methanol (6 l), and vacuum dried at 50°C for 30 h, yielding 80 g of crude extract powder. The crude extract powder was dissolved in methanol, and medium-pressure liquid chromatography (MPLC, FLASH 40 M, Biotage) was performed with a silica resin column (Silica gel si 60, WATCHERS). The mobile phase was chloroform and methanol (2.5:1), and the flow rate was 10 ml/min. Thin layer chromatography (TLC) fractionation (chloroform–methanol, 2.5:1) was performed and followed by vacuum drying, which yielded 4.8 g of mulberroside A. Purified mulberroside A (3.6 g) was dissolved in a small amount of methanol, the volume was then made up to 40 ml with water, and this was mixed with 4 ml of acetate buffer (pH 4.0) and 0.88 ml of Pectinex[®] and incubated at 60°C for 4 h with shaking at 120 rpm. The enzyme activity was stopped by heat treatment at 95°C for 2 min. The solution was absorbed onto absorbent resin (SP 207, DIAION). The absorbent resin

was thoroughly washed with water, followed by washing with acetone, and vacuum dried at 50°C for 30 h. The powder was dissolved in methanol and MPLC (FLASH 40 M, Biotage) was performed with a silica resin column (Silica gel si 60, WATCHERS). The mobile phase was chloroform and methanol (2.5:1), and the flow rate was 10 ml/min. TLC fractionation (chloroform–methanol, 2.5:1) was performed and followed by vacuum drying, yielding 1.2 g of oxyresveratrol. The bioconversion process of mulberroside A to oxyresveratrol is shown in Fig. 1.

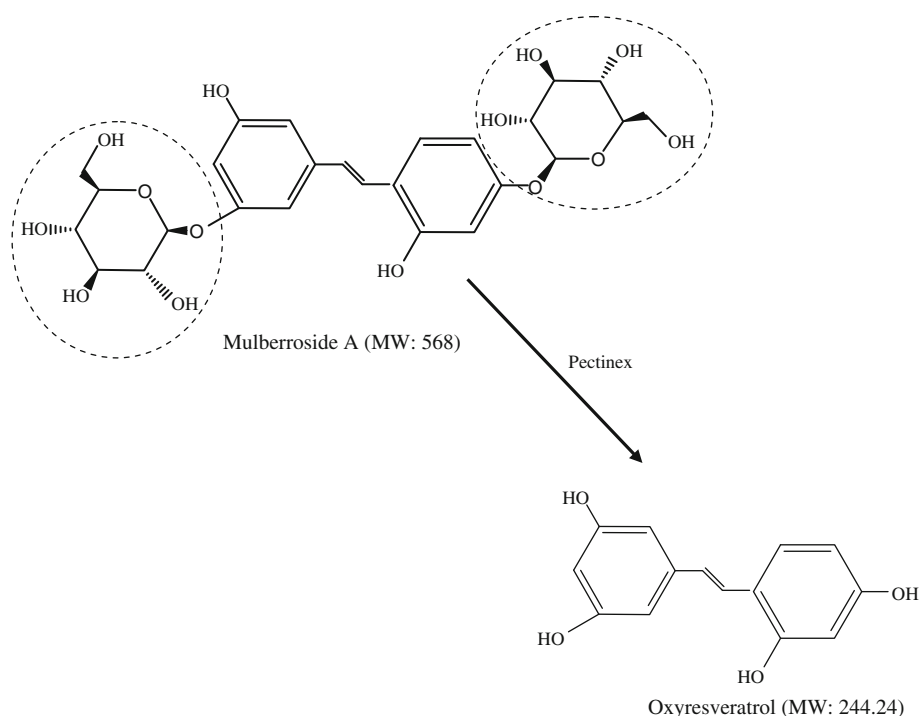
HPLC analysis and identification of purified compounds

The crude extract and TLC fraction were analyzed by high-performance liquid chromatography (HPLC, LCQ Advantage MAX, Thermo Electron, USA). The analysis was performed with Luna-Pak[®] C-18 (5 μm, 4.6 mm i.d. × 250 mm). The mobile phase was acetonitrile (CH₃CN) and 10 mM phosphoric acid (H₃PO₄) (35:65). Flow rate was 1.0 ml/min and the effluent was monitored at 325 nm with a Photodiode Array (PDA) detector. Identification of the purified mulberroside A and oxyresveratrol was carried out by ¹H NMR (Varian 400-MR, 500 MHz, Varian Inc., USA), ¹³C NMR, and MALDI-Mass (Voyager-DE STR Biospectrometry Workstation, Applied Biosystems Inc., USA). The purity was calculated by HPLC with resveratrol as standard. The purity of mulberroside A and oxyresveratrol was over 95 and 98%, respectively.

Mushroom tyrosinase inhibition assay

Assays were performed as previously described with slight modifications [13]. Briefly, reaction mixtures, consisting of 150 μl of 0.1 M phosphate buffer (pH 6.8), 10 μl of mushroom tyrosinase (2,000 U/ml), 10 μl of a sample in dimethyl sulfoxide (DMSO), and 100 μl of distilled water, were mixed in a 96-well microplate and pre-incubated at 25°C for 10 min, and then 30 μl of 2 mM L-tyrosine or L-DOPA was added. Optical densities (OD) were measured at 475 nm after incubation at 25°C for 30 min using a Spectra max 340pc microplate reader (Molecular Devices). Tyrosinase inhibition percentage was calculated as follows: % inhibition = $\frac{\{(A - B) - (C - D)\}}{(A - B)} \times 100$ (A = OD without the test substance but with tyrosinase; B = OD without the test substance and without tyrosinase; C = OD with the test substance and with tyrosinase; D = OD with the test substance but without tyrosinase; all ODs were determined at 475 nm). Inhibitor constants (*K_i*) in the presence of mulberroside A and oxyresveratrol against mushroom tyrosinase were determined by

Fig. 1 Bioconversion of mulberroside A into oxyresveratrol



Lineweaver–Burk's plot using various concentrations of L-tyrosine or L-DOPA as substrate.

Results and discussion

Mulberroside A was purified from the roots of *M. alba*, and the purity and structure of mulberroside A was confirmed by HPLC, NMR, and mass spectral data. To obtain oxyresveratrol more easily and improve the inhibitory activity against tyrosinase, we performed a bioconversion of mulberroside A with the commercial enzyme Pectinex[®], which contains β -glucosidase activity. The purified mulberroside A was treated with Pectinex[®] to remove the glycosylated moiety of mulberroside A. The enzyme-hydrolyzed material was purified and the purified compound was confirmed as a homogeneous compound by HPLC analysis, which showed a single symmetrical peak with a retention time of 4.5 min on a Luna-Pak C18 column. The compound was identified as oxyresveratrol by ¹H-NMR, ¹³C-NMR, and MALDI-Mass. A total of 4.8 g of mulberroside A was yielded from the ethanol extract of the roots of *M. alba* (3.6 kg). Treatment with Pectinex[®] resulted in about 80% of the mulberroside A being converted into oxyresveratrol with a purity of over 98%. The oxyresveratrol, a yellow powder, showed a molecular weight of 243 and its detailed data, HPLC profile, ¹H-NMR, ¹³C-NMR, and MALDI-Mass spectra are available in the supplementary material.

Mulberroside A and oxyresveratrol are relatively insoluble in water, and therefore they were dissolved in DMSO. For comparative purposes, the tyrosinase inhibitory activity was assayed against kojic acid and arbutin as positive standards, along with mulberroside A and oxyresveratrol. Oxyresveratrol showed strong inhibitory activity against mushroom tyrosinase (Fig. 2). Tyrosinase was almost completely inhibited at about 2.5 μ M oxyresveratrol, while mulberroside A and kojic acid completely inhibited the enzyme activity at over 500 and 250 μ M, respectively. Arbutin showed poor inhibitory activity against the tyrosinase with 85.5% inhibition at 3,000 μ M.

The inhibitory dose required to reduce tyrosinase activity to 50% (IC₅₀) was determined by adding mulberroside A, oxyresveratrol, kojic acid, or arbutin to an assay system containing L-tyrosine or L-DOPA as a substrate of mushroom tyrosinase, and their respective IC₅₀ values are shown in Table 1. With L-tyrosine as the tyrosinase substrate, oxyresveratrol showed 110-fold higher tyrosinase inhibitory activity than did mulberroside A, and 43-fold and 1,503-fold higher inhibitory activity than kojic acid and arbutin, respectively. The tyrosinase inhibitory activity of oxyresveratrol against L-DOPA as a substrate was 33-fold higher than that of kojic acid. On the other hand, mulberroside A and arbutin did not show an inhibitory effect at concentrations of up to 1,000 and 3,000 μ M, respectively. The IC₅₀ values of oxyresveratrol and kojic acid with L-tyrosine as a substrate were lower than those with L-DOPA as a substrate. Thus, the inhibitory effects of

Fig. 2 Mushroom tyrosinase inhibition, with L-tyrosine as a substrate, exerted by oxyresveratrol, mulberroside A, kojic acid, and arbutin

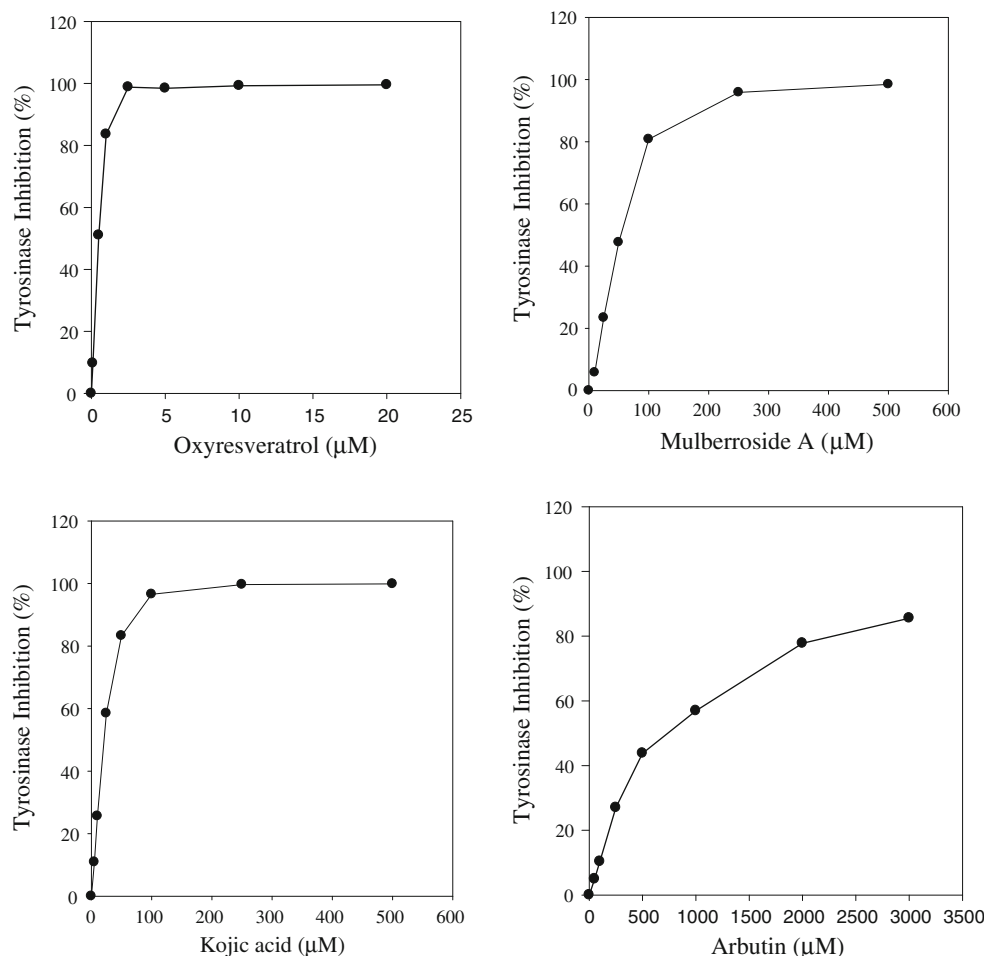


Table 1 Inhibitory effects on mushroom tyrosinase by mulberroside A, oxyresveratrol, kojic acid, and arbutin

Compound	IC ₅₀ (μM)	
	L-Tyrosine	L-DOPA
Arbutin	736.5 ± 9.2	– ^a
Kojic acid	21.1 ± 3.1	387.9 ± 10.2
Mulberroside A	53.6 ± 2.3	–
Oxyresveratrol	0.49 ± 0.06	11.9 ± 1.2

^a No inhibition

oxyresveratrol and kojic acid on the oxidation of L-DOPA were less than their inhibitory effects on the hydroxylation of L-tyrosine.

Inhibition kinetics, as determined using a Lineweaver–Burk plot, showed mulberroside A to be a competitive inhibitor of mushroom tyrosinase with a K_i value of 49.821 μM against L-tyrosine and 124.764 μM against L-DOPA (Fig. 3, Table 2). Oxyresveratrol was a mixed-type inhibitor of mushroom tyrosinase against L-tyrosine with K_i and K_i' values of 1.093 and 0.521 μM, respectively, and a

noncompetitive inhibitor of the enzyme against L-DOPA with a K_i value of 1.272 μM (Fig. 4, Table 2). The K_i values of oxyresveratrol were lower than those of mulberroside A, consistent with the results of IC₅₀ values.

Biotransformation has been conducted to improve bioavailability of flavonoids [7, 8, 23]. Flavonoids generally contain glycosides; however, flavonoids with glycosides removed have shown improved antioxidant, anticancer, and antimicrobial activities and have also more effectively prevented bone loss. Flavonoid aglycones exhibit greater bioactivity than their glycosides [18, 21, 22]. Resveratrol, an aglycone of piceid, was more active than its glycoside in inhibition of tyrosinase [10], and showed 6.9- and 8.3-fold higher activity for DOPA and tyrosine oxidation, respectively, than those of piceid. The antioxidant activity and anti-inflammatory effects of mulberroside A and oxyresveratrol were measured and both showed inhibitory effects against FeSO₄/H₂O₂-induced lipid peroxidation and carrageenin-induced paw edema [5]. IC₅₀ values of the antioxidative activity of mulberroside A and oxyresveratrol against lipid peroxidation were 78.4 and 3.6 μM, respectively. The anti-inflammatory effects of oxyresveratrol

Fig. 3 Lineweaver-Burk plots of mushroom tyrosinase and L-tyrosine (a) or L-DOPA (b) with mulberroside A. The symbols represent without (filled circle) and with (open circle) 10 μM, (filled triangle) 50 μM, and (open triangle) 100 μM mulberroside A

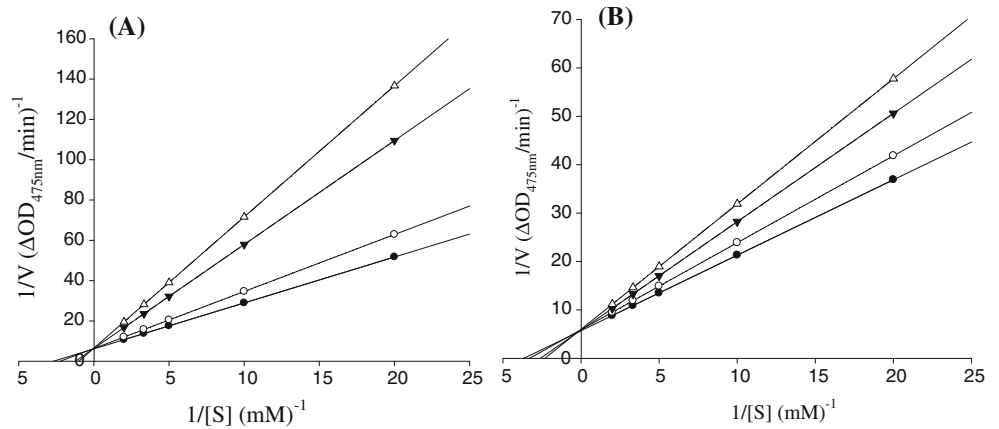


Table 2 K_i values for the monophenolase and diphenolase activities of mushroom tyrosinase in the presence of oxyresveratrol and mulberroside A

Inhibitory agent	Substrate	K_i (μM)	Mode of inhibition
Oxyresveratrol	L-Tyrosine	1.093 ± 0.052 (K_i^a) 0.521 ± 0.172 (K_i')	Mixed ^b
	L-DOPA	1.272 ± 0.026	Noncompetitive
Mulberroside A	L-Tyrosine	49.821 ± 0.637	Competitive
	L-DOPA	124.764 ± 1.771	Competitive

^a $K_i = [E][I]/[EI]$, $K_i' = [ES][I]/[ESI]$

^b Competitive-noncompetitive

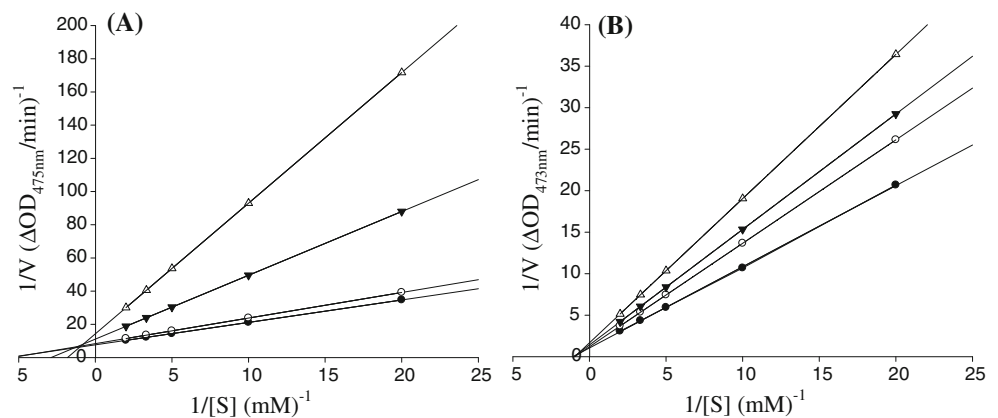
were much greater than those of mulberroside A. The results of the present study also show enhanced bioactivity of a flavonoid compound through biotransformation.

Oxyresveratrol has been chemically synthesized [4] or directly purified from the extracts of various herb plants [14, 17, 26]. A study reported that mulberroside A was hydrolyzed by β-glucosidase and converted into the aglycone, oxyresveratrol [9], and identified mulberroside A as an oxyresveratrol-di-O-glucoside. Oxyresveratrol exhibited strong antioxidant activity, inhibitory activity for tyrosinase, and antibrowning effects [14, 17]. A previous study showed that at a concentration of greater than 10 μM, oxyresveratrol purified from *M. alba* showed over 90% of inhibition of the DOPA oxidase activity of mushroom tyrosinase, exerting approximately 150-fold greater inhibitory effects on the enzyme activity than did resveratrol [29]. Piceid is a glycoside of hydroxystilbene and showed poor inhibitory activity up to a concentration of 500 μM. Comparing to resveratrol and piceid, the number and position of hydroxyl groups in oxyresveratrol seem to play a critical role in the inhibitory effect on the DOPA oxidase activity of mushroom tyrosinase. An enzyme where the catalytic site includes a proton acceptor may be inhibited by increasing the hydrogen ion concentration. A three-dimensional model of mammalian tyrosinase revealed that the active site of the enzyme

contains hydrogen acceptors for the NH-groups of the imidazole rings of the copper-binding histidines [27]. The bulky glycosyl moiety may also affect enzyme activity through steric hindrance. In line with this, we obtained similar results. Kojic acid has two hydroxyl groups, arbutin has a hydroxyl group and a glycosyl moiety, and mulberroside A has two hydroxyl groups and two glycosyl groups. The inhibitory effects of oxyresveratrol on tyrosine oxidase and DOPA oxidase activities of mushroom tyrosinase were much higher than those of kojic acid, arbutin, and mulberroside A. The results obtained in the present study support the previous conclusions. The phenolic structure, however, might not exert an inhibitory effect on the enzyme activity, because the inhibitory activity of kojic acid with L-tyrosine as a substrate was two-fold more and 43-fold less potent than those of mulberroside A and oxyresveratrol, respectively. The previous report showed that flavonoids and stilbenes having the 4-substituted resorcinol skeleton such as oxyresveratrol and 4-ethylresorcinol have potent tyrosinase inhibitory activity [28]. However, a 4-substituted resorcinol skeleton was not the only factor to show tyrosinase inhibitory activity in flavonoids. Although artocarpin having a 4-substituted resorcinol skeleton, it showed decreased inhibitory activity probably because of its steric hindrance with a bulky C3 substituent. Mulberroside A has more bulky structure than oxyresveratrol because of a glycosyl group of mulberroside A. This might decrease the inhibitory activity of mulberroside A compared to oxyresveratrol against mushroom tyrosinase. The report also showed that hydrophobic as well as less bulky substituents were important for the tyrosinase inhibitory activity [28].

Kojic acid inhibited mushroom tyrosinase with a competitive inhibition mode and a mixed inhibition mode with L-tyrosine and DL-DOPA, respectively, as substrate [3]. The K_i values of kojic acid were 30 and 20 μM against monophenolase and diphenolase, respectively. The results obtained in this study showed that oxyresveratrol more effectively inhibited the enzyme than did a well-known

Fig. 4 Lineweaver-Burk plots of mushroom tyrosinase and L-tyrosine (a) or L-DOPA (b) with oxyresveratrol. The symbols represent without (filled circle) and with (open circle) 0.1 μM , (filled triangle) 0.5 μM , and (open triangle) 1.0 μM oxyresveratrol



inhibitor, kojic acid. Oxyresveratrol previously showed noncompetitive inhibition of the DOPA oxidase activity of mushroom tyrosinase with a K_i value of 0.91 μM [29]. Oxyresveratrol was a reversible noncompetitive inhibitor of mushroom tyrosinase with the same K_i and K_i' values of 0.32–0.43 μM with L-tyrosine as a substrate [11]. In this study, oxyresveratrol showed mixed and noncompetitive inhibition of tyrosinase with L-tyrosine and L-DOPA, respectively, as substrate. The K_i value of 1.272 against DOPA oxidase was similar to that in the previous report. In the mixed inhibition by oxyresveratrol on mushroom tyrosinase with L-tyrosine as substrate, the K_i value was higher than the K_i' , indicating competitive-noncompetitive inhibition. On the other hand, mulberroside A was a competitive inhibitor of the enzyme with L-tyrosine and L-DOPA as substrate. Tyrosinase catalyzes two different reactions: the hydroxylation of monophenols to *o*-diphenols (monophenolase activity) and the oxidation of *o*-diphenols to *o*-quinones (diphenolase activity) [12, 19]. Considering the IC_{50} and K_i values, oxyresveratrol exhibited greater influence on the monophenolase activity of mushroom tyrosinase than on the diphenolase activity of the enzyme.

Conclusions

Bioconversion will contribute to the replacement of the current expensive and environmentally unfriendly multi-step chemical conversion process for producing oxyresveratrol. Active compounds from the ethanol extract of *M. alba* root contained an inhibitory agent of tyrosinase, which was identified as mulberroside A, and oxyresveratrol was produced from mulberroside A by treatment with Pectinex[®], which contains β -glucosidase. Compared to mulberroside A, oxyresveratrol showed highly enhanced inhibitory activity against tyrosinase. In conclusion, deglycosylation of mulberroside A by biotransformation greatly improves the tyrosinase inhibitory activity.

Acknowledgments This study was supported by the Technology Development Program for Agriculture and Forestry, Ministry for Food, Agriculture, Forestry and Fisheries, Republic of Korea.

References

1. Andrabi SA, Spina MG, Lorenz P, Ebmeyer U, Wolf G, Horn TF (2004) Oxyresveratrol (trans-2, 3', 4, 5'-tetrahydroxystilbene) is neuroprotective and inhibits the apoptotic cell death in transient cerebral ischemia. *Brain Res* 1017:98–107
2. Bajpai VK, Kim HR, Hou CT, Kang SC (2009) Bioconverted products of essential fatty acids as potential antimicrobial agents. *N Biotechnol* 26:122–130
3. Chen JS, Wei C, Rolle RS, Otwell WS, Balaban MO, Marshall MR (1991) Inhibitory effect of kojic acid on some plant and crustacean polyphenol oxidases. *J Agric Food Chem* 39:1396–1401
4. Choi SY, Kim S, Kim H, Suk K, Hwang JS, Lee BG, Kim AJ, Kim SY (2002) (4-Methoxy-benzylidene)-(3-methoxy-phenyl)-amine, a nitrogen analog of stilbene as a potent inhibitor of melanin production. *Chem Pharm Bull* 50:450–452
5. Chung KO, Kim BY, Lee MH, Kim YR, Chung HY, Park JH, Moon JO (2003) In vitro and in vivo anti-inflammatory effect of oxyresveratrol from *Morus alba* L. *J Pharm Pharmacol* 55:1695–1700
6. El-Beshbishy HA, Singab ANB, Sinkkonen J, Pihlaja K (2006) Hypolipidemic and antioxidant effects of *Morus alba* L. (Egyptian mulberry) root bark fractions supplementation in cholesterol-fed rats. *Life Sci* 78:2724–2733
7. Feng X, Zhang L, Zhu H (2009) Comparative anticancer and antioxidant activities of different ingredients of Ginkgo biloba extract (EGb 761). *Planta Med* 75:792–796
8. Habauzit V, Nielsen IL, Gil-Izquierdo A, Trzeciakiewicz A, Morand C, Chee W, Barron D, Lebecque P, Davicco MJ, Williamson G, Offord E, Coxam V, Horcajada MN (2009) Increased bioavailability of hesperetin-7-glucoside compared with hesperidin results in more efficient prevention of bone loss in adult ovariectomized rats. *Br J Nutr* 102:976–984
9. Hirakura K, Fujimoto Y, Fukai T, Nomura T (1986) Two phenolic glycosides from the root bark of the cultivated Mulberry tree (*Morus lhou*). *J Nat Prod* 49:218–224
10. Kim DH, Kim JH, Baek SH, Seo JH, Kho YH, Oh TK, Lee CH (2004) Enhancement of tyrosinase inhibition of the extract of *Veratrum patulum* using cellulase. *Biotechnol Bioeng* 87:849–854
11. Kim YM, Yun J, Lee CK, Lee H, Min KR, Kim Y (2002) Oxyresveratrol and hydroxystilbene compounds. Inhibitory effect on tyrosinase and mechanism of action. *J Biol Chem* 277:16340–16344

12. Körner AM, Pawelek J (1982) Mammalian tyrosinase catalyzes three reactions in the biosynthesis of melanin. *Science* 217:1163–1165
13. Kubo I, Hori IK (1999) Flavonols from Saffron flower: tyrosinase inhibitory activity and inhibition mechanism. *J Agric Food Chem* 47:4121–4125
14. Li H, Cheng KW, Cho CH, He Z, Wang M (2007) Oxyresveratrol as an antibrowning agent cloudy apple juices and fresh-cut apples. *J Agric Food Chem* 55:2604–2610
15. Liederer BM, Borchardt RT (2006) Enzymes involved in the bioconversion of ester-based prodrugs. *J Pharm Sci* 95:1177–1195
16. Likhitwitayawuid K, Sornsute A, Sritularak B, Ploypradith P (2006) Chemical transformations of oxyresveratrol (trans-2, 4, 3', 5'-tetrahydroxystilbene) into a potent tyrosinase inhibitor and a strong cytotoxic agent. *Bioorg Med Chem Lett* 16:5650–5653
17. Lorenz P, Roychowdhury S, Engelmann M, Wolf G, Horn TF (2003) Oxyresveratrol and resveratrol are potent antioxidants and free radical scavengers: effect on nitrosative and oxidative stress derived from microglial cells. *Nitric Oxide* 9:64–76
18. Marotti I, Bonetti A, Biavati B, Catizone P, Dinelli G (2007) Biotransformation of common bean (*Phaseolus vulgaris* L.) flavonoid glycosides by bifidobacterium species from human intestinal origin. *J Agric Food Chem* 55:3913–3919
19. Mayer AM (1987) Polyphenol oxidases in plants: recent progress. *Phytochemistry* 26:11–20
20. Morito K, Hirose T, Kinjo J, Hirakawa T, Okawa M, Nohara T, Ogawa S, Inoue S, Muramatsu M, Masamune Y (2001) Interaction of phytoestrogens with estrogen receptors alpha and beta. *Biol Pharm Bull* 24:351–356
21. Nielsen IL, Chee WS, Poulsen L, Offord-Cavin E, Rasmussen SE, Frederiksen H, Enslin M, Barron D, Horcajada MN, Williamson G (2006) Bioavailability is improved by enzymatic modification of the citrus flavonoid hesperidin in humans: a randomized, double-blind, crossover trial. *J Nutr* 136:404–408
22. Otieno DO, Shah NP (2007) A comparison of changes in the transformation of isoflavones in soymilk using varying concentrations of exogenous and probiotic-derived endogenous β -glucosidases. *J Appl Microbiol* 103:601–612
23. Pereira JA, Pereira AP, Ferreira IC, Valentão P, Andrade PB, Seabra R, Estevinho L, Bento A (2006) Table olives from Portugal: phenolic compounds, antioxidant potential, and antimicrobial activity. *J Agric Food Chem* 54:8425–8431
24. Qiu F, Komatsu K, Kawasaki K, Saito K, Yao X, Kano Y (1996) A novel stilbene glycoside, oxyresveratrol 3'-*O*- β -glucopyranoside, from the root bark of *Morus alba*. *Planta Med* 62:559–561
25. Rooseboom M, Commandeur JN, Vermeulen NP (2004) Enzyme-catalyzed activation of anticancer prodrugs. *Parmacol Rev* 56:53–102
26. Ryu SY, Han YN, Han BH (1988) Monoamine oxidase-A inhibitors from medicinal plants. *Arch Pharm Res* 11:230–239
27. Schweikardt T, Olivares C, Solano F, Jaenicke E, García-Borrón JC, Decker H (2007) A three-dimensional model of mammalian tyrosinase active site accounting for loss of function mutations. *Pigment Cell Res* 20:394–401
28. Shimizu K, Kondo R, Sakai K (2000) Inhibition of tyrosinase by flavonoids, stilbenes and related 4-substituted resorcinols: structure-activity investigations. *Planta Med* 66:11–15
29. Shin NH, Ryu SY, Choi EJ, Kang SH, Chang IM, Min KR, Kim Y (1998) Oxyresveratrol as the potent inhibitor on Dopa oxidase activity of mushroom tyrosinase. *Biochem Biophys Res Commun* 243:801–803
30. Tsuchihashi R, Kodera M, Sakamoto S, Nakajima Y, Yamazaki T, Niiho Y, Nohara T, Kinjo J (2009) Microbial transformation and bioactivation of isoflavones from Pueraria flowers by human intestinal bacterial strains. *J Nat Med* 63:254–260